30-Mar-2025

Why choose a nose injection with Restylane instead of rhinoplasty

For many years, surgery has been the only option for those who want a different shape of their nose. However, nose surgery – rhinoplasty – is not an option for many people who feel that it is a too extensive operation. Some also have fears about pain or scars from rhinoplasty. Nowadays, there is an alternative, and complement, to surgery, namely nose injection with fillers. A filler that is specially developed to build structure and to enable precise detail work in the nose is Restylane® LYFT™.

Nose injection with fillers is an alternative and complement to rhinoplasty

Non-surgical rhinoplasty has become a sought-after treatment. As already mentioned, it is an alternative for those who feel that rhinoplasty is an unnecessarily large operation or who have fears about pain or scars from rhinoplasty. Nose injection with fillers is also a complement to rhinoplasty. Fillers can be used to fine-tune small details and can also be used to correct a misshapen nose after an injury. With fillers there are now more treatment options, also for non-surgical rhinoplasty.

What is the ideal shape of the nose?

The ideal shape of the nose is to a large extent about personal taste. There are also different ideals over the world about what an ideal nose looks like. An ideal for women in the Chinese market is for example sharp, almost androgyne facial features, with marked noses that stick out. On the European and North American markets, noses

with an upward tilt have been popular for some years among certain consumer groups, whereas other consumers prefer a straight nose. The most important thing is to not be caught up in trends but to stay true to your personal taste and your individual looks and beauty, whether you are looking for an aesthetic treatment or not.

A nose injection is about precision work

For those who think their nose is too small, a nose injection with a filler is a fairly effortless way to design a bigger nose. However, non-surgical rhinoplasty is usually not about getting a bigger nose, even if that is possible for those who want it. A common nose treatment with fillers is to work with details, and that can often make the nose look smaller. When indentations are corrected with a nose injection, the nose can look smaller when uneven shapes or irregularities are evened out. Nose injections are generally about precision work, for example, to shape the nose bridge or the tip of the nose. Also, if you have scars from an injury or in very rare cases scars from rhinoplasty, a nose injection with a filler can be used to correct that.

A firm filler should be used for nose injections

Some people might worry that their nose will look undefined and that the filler will float out if they have a nose injection. This is not the case if you consult a qualified healthcare practitioner who uses the right type of filler. A non-surgical rhinoplasty with a filler is not about “filling” the nose but about making detailed adjustments and corrections. This means that a firm filler must be used that keeps its shape over time and that has a low integration into surrounding tissues. A firm filler that is ideally suited for creating ultimate structure in areas where precision is needed is Restylane® LYFT™.[1-4]

Restylane® LYFT™ – a filler gel based on the NASHA™ technology

Restylane® LYFT™ is a filler based on the pioneering and unique NASHA™ technology. Like most fillers on the market, Restylane® Lyft™ is based on stabilized hyaluronic acid. Hyaluronic acid is a kind of sugar molecule that forms long chains and that binds large amounts of water. It helps keep our body tissues hydrated, not least our skin. Natural hyaluronic acid in the body degrades within a day or two. In order to make the hyaluronic acid last longer in fillers, the hyaluronic acid has been stabilized by crosslinking the long molecular chains. A unique property with the hyaluronic acid in Restylane® LYFT™ is that less than 1% is modified. This makes it closer to the natural composition of hyaluronic acid than any other filler on the market.[5,6]

Restylane® LYFT™ enables precision when performing non-surgical rhinoplasty

The NASHA™ technology produces firm filler gels that deliver precise results. This allows for targeted placement at the site of injection, with low distribution and integration into the surrounding tissues. This means that a qualified healthcare practitioner can work with precise details when performing non-surgical rhinoplasty with Restylane® LYFT™.[2,7]

Furthermore, the firm gel texture and controlled particle size of Restylane® LYFT™ is designed to resist the dynamic forces that occur during facial muscle movement for optimal lift and projection without volumizing. This means that the filler gel will keep its shape and the nose injection will look as intended over time. [1,8]

High levels of patient satisfaction with Restylane® LYFT™

A good thing to know is that Restylane® LYFT™ is a long-lasting filler and patients are satisfied with it. Restylane® LYFT™ and another filler, RESTYLANE®, were tested in a 2-year study for treatment of upper cheeks, nasolabial folds, temples, nose and chin. The participating patients were treated two times in total during the study period. As many as 96% of the patients said the results met or exceeded their expectations. Equally as many, 96%, felt

they would do the treatment again and 99% would recommend it to a friend.[9]

Another good thing to know is that Restylane® LYFT™ has an established safety profile that has been demonstrated in more than 20 clinical studies.[10] Restylane® LYFT™ is a premium filler with a strong heritage – the RESTYLANE® portfolio of fillers is present in 100 countries and celebrates 25 years on the market.[11]

References

1. Kablik J et al. Dermatol Surg 2009;35(s1):302–312.
2. Data on file (MA-33947).
3. Andriopoulos B et al. Poster presented at AMWC 2019
4. Edwartz C et al. Poster presented at IMCAS 2020.
5. Micheels P et al. J Drugs Dermat2016;15(5):600–606.
6. Data on file (MA-12871).
7. Nikolis A et al. Aesthetic Surgery Journal Open 2020; 1-12.
8. Data on file (MA-43049).
9. Andriopoulos B et al. Poster presented at AMWC 2019.
10. Data on file (MA-43602).
11. Data on file (MA-39680). 25 years: Valid from 30th Sept 2020.

Hide
Share this article

Find a specialist

Achieve the look you envision by speaking to a healthcare practitioner today

GET STARTED

Related Articles

What types of nose jobs are possible with filler treatments?

Always consult a healthcare professional for individualized treatment recommendations and to discuss important safety information and risks associated with the use of the products.